confirmation beta

Information for clergy, chaplains and youth leaders interested in using the Beta edition of Youthscape's youth confirmation course.

Youthscape

Welcome

Over the last year, the Youthscape team have been working hard to develop a new set of resources designed to **support and equip young people on their journey towards confirmation** within the Church of England.

Listening to leaders who work directly with young people sits at the heart of our innovation model, and over the last few years we have received a **growing number of requests for material** that can be used during the confirmation preparation process.

In January 2025 our team launched a consultation process, inviting clergy, chaplains and youth leaders from across the UK to share their thoughts and reflections on their current practise, and to tell us what they would like to see included in the new resource that would be developed.

In April, content development began, and **in January 2026 we will launch the Beta edition** of Youthscape's new youth confirmation course.



Build-your-own-course

Every group, context, and leader is different, so rather than developing a one-size-fits-all programme, **we have developed a suite of sessions that you can use to build your own course** – with your young people in mind. Following feedback during the consultation phase, this new course has been designed to be as flexible and adaptable as possible.

Many of those who spoke to us asked for a programme with 10+ sessions of content, however, the majority felt that between 4-6 preparation sessions would be ideal. Therefore, **the course includes material for up to 12 sessions, however, there are four core sessions that are recommended as a minimum.**

We believe that young people will get the fullest experience by participating in all twelve sessions. However, we know that for most groups, a twelve session course simply wouldn't be possible. **We have recommended four 'core' sessions** and have tried to ensure that these sessions cover the topics most requested during the consultation phase.

Flexible.
Adaptable.
For everyone.

Session structure

Each session has been divided into three sections, each exploring a different elements of Christian faith and confirmation.

Becoming a Christian disciple

Part one (30min)

The first section takes young people on a narrative journey through the life of Peter. This section of each session will look at a key moment in Peter's life and discipleship to Jesus.

The creative bible reading tools and thought-provoking discussion, will help young people answer the question: 'What can Peter teach us about following Jesus and becoming his disciples today?'

Exploring Christian beliefs

Part two (20min)

The second section creatively explores liturgy used during a confirmation service, as well as liturgy from a regular worship service. Young people are equipped to make sense of their own faith, through the lens of the beliefs and teaching of the Christian church.

This section embraces practices from the contemplative tradition, and aims to bring liturgy to life in the minds and hearts of young people using a guided reflection, contemplative music and art.

Living a life of faith

Part three (10min)

Through confirmation, we commit to following Jesus, not just in theory but in practice. Jesus lays out the blueprint for the lifestyle he wants his followers to live by, and invites us to live differently to the world around us.

This section briefly explores one of the core lifestyle traits of a disciple, through a fun, gamified format, and helps young people consider how they might live out this practice in their lives today.

Session overview

* Core Sessions

A full version of the Eucharist liturgy is available for groups delivering the core sessions only.

Pre-Confirmation

***01**
Peter's call to follow Jesus
The decision
Make space and time for God

02
Peter steps out the boat
The Baptism
Develop a grateful heart

03
Peter confesses Jesus as Christ
Profession of faith and the Creeds
Tell the story of Jesus

***04**
Peter witnesses the transfiguration
Prayer and the laying on of hands
Pay attention to God's Spirit

05
Peter's feet are washed by Jesus
The giving of a lighted candle
Choose forgiveness

06
Peter denies knowing Jesus
Prayers of confession and absolution
Practice honesty and confession

***07**
Jesus death & resurrection
The Eucharist (Part One)
Welcome outsiders

08
Peter receives Jesus forgiveness
The Eucharist (Part Two)
Stand up for what's right

Post-Confirmation

***09**
Peter at Pentecost
The peace
Stay connected to the bigger story

10
Peter prays for healing
The post-communion prayer
Serve others and be humble

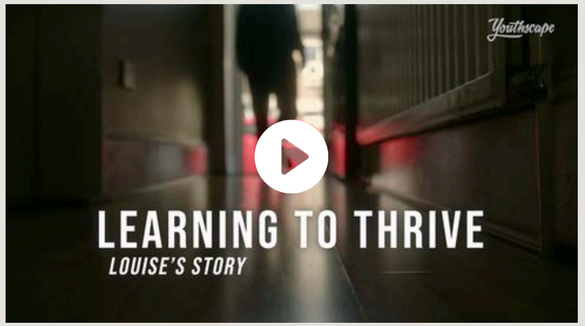
11
Peter and Cornelius
The greeting and collects
Be kind, on purpose

12
Peter imprisoned
The blessing and dismissal
Live lightly

PART ONE (30 MINS)

Becoming a Christian disciple.

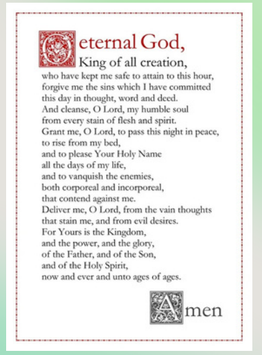
FILM BASED STORY TELLING

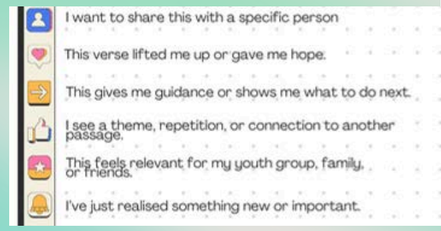


INTERACTIVE BIBLE STUDY



RESPONSIVE COLLECT





1) Film based story telling
This element of each session will begin with a brief film that shares and unpacks a moment of Peter's life.

2) Storylins: Bible reading tool
After watching the video and listening to the story, young people will explore the text for them selves using a bible reading tool that equips them explore the bible for themselves, on a regular basis.

3) Group discussion
Having explored the passage in a variety of ways, young people are invited to share their reflections and listen to one another respond to the story. This section helps young people connect the teaching from the story to the commitments made at confirmation.

4) Closing collect
This element of the session ends with a closing collect designed to help young people turn their thoughts and reflections on each story of Peter's life into prayer.

PART TWO (20 MINS)

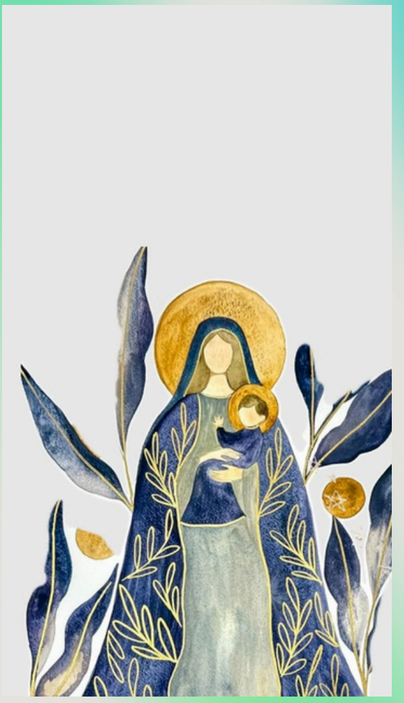
Exploring Christian beliefs.

Young people will be led through a contemplative reflection, which creates space for them to think about and reflect on the words of liturgy, and a piece of accompanying art.

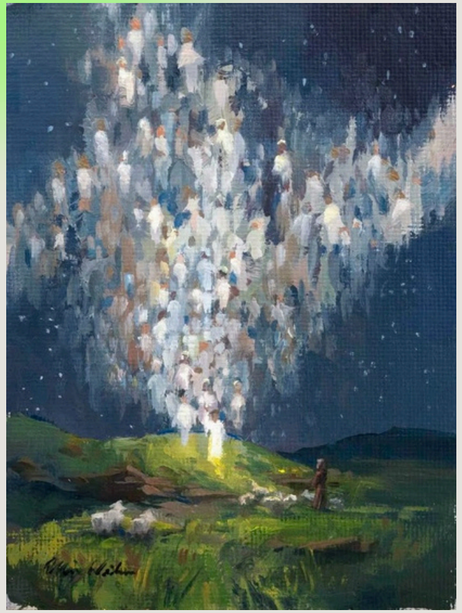
An audio file will take them on a journey, and will ask them to reflect on a series of questions. Each contemplation has been designed to help them unpack and explore the meaning and symbolism behind the words they will hear, and participate in, during both a confirmation and worship service.

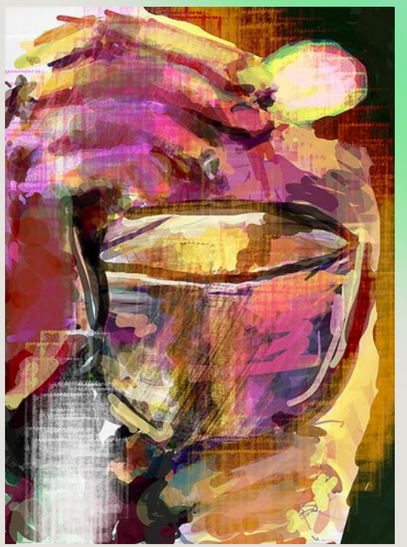
Following the reflection, young people will have an opportunity to share something they felt God might be saying, something that stood out to them, or raise any questions they might have.











PART THREE (10 MINS)

Living a life of faith.

The final part of each session offers young people the opportunity to put their faith into practice.

As a group, young people will briefly unpack one central practice at the heart of Christianity through a fun, gamified activity.

They will consider how they can develop this practice into a way of life, by identifying steps they can take today, this week, this year, and across a lifetime.

Inward Practices

Six inward practices that will help young people grow in their personal relationship with God, with an emphasis on becoming like Jesus.

- Make space and time for God
- Practice honesty and confession
- Choose forgiveness
- Develop a grateful heart
- Pay attention to God's Spirit
- Stay connected to the bigger story

Outward Practices

Six outward practices that will help young people to put their faith into action and make a difference in the world, with an emphasis on doing what Jesus did.

- Be kind on purpose
- Stand up for what’s right
- Serve others and be humble
- Welcome outsiders
- Tell the story of Jesus
- Live lightly

Today. This week. This year. This lifetime.

Take part



If you will be delivering confirmation preparation sessions with youth people between **1st January 2025 - 31st March 2026,** we would love to invite you to become a Beta tester for Youthscape's brand new youth confirmation course.

The Beta edition of the course will be **available for free at the beginning of January 2026, for all those who meet the following criteria:**

- You intend to lead confirmation preparation sessions with young people under the age of 18 before Easter 2026.
- You are happy to provide Youthscape with feedback about the course materials and your experience of leading the sessions.

To become a Beta tester for Youthscape's youth confirmation course, please scan the QR code and fill in the very brief form. For any further information, or to ask a question, please get in touch with Jemimah Allen: (jemimah.allen@youthscape.co.uk)